

Beth Cady Burghardt, MD, is a born and bred Central New Yorker who grew up in the hills south of Syracuse. Her father, Duane Cady, was a prominent Syracuse surgeon, and her mother Joyce a stay-at-home mom and school teacher who in retirement accompanied Duane on his long career in organized medicine.

Dr. Burghardt's professional interests include care of the professional voice, sinus surgery and pediatric otolaryngology. With her husband Frederick and three young adult daughters, Beth enjoys all sorts of outdoor activities including deer hunting, Adirondack hiking, wake surfing and horseback riding.